



Jewell Academy

an Aspirations Academy

Topic: Healthy Me



Welcome back! We are looking forward to a happy and productive spring term.

This half term, we are learning about keeping healthy.

We will be thinking about how we can eat healthily, the importance of exercise, hygiene and positive mental health.

OUR DRIVING QUESTION:

How can we, as chefs, create a healthy menu?

AS READERS:

We will be reading stories where characters go on a journey, such as, "On The Way Home" by Jill Murphy. We will also be looking at non-fiction texts and recipes.

AS WRITERS:

We will be writing our own narratives based on "The Shopping Basket", recipes and non-chronological reports.

AS COMPUTER SCIENTISTS :

We will be learning about how to use secondary sources to find information, such as Google Earth.

AS DESIGNERS:

We will be learning to follow and create healthy recipes. We will design a healthy plate of food and create it using knives, graters and peelers.

AS PHILOSOPHERS:

We will be learning about prayer in Islam to answer our enquiry question, "Does praying at regular intervals help a Muslim in his/her everyday life?" We are also hoping to visit a mosque.

AS MATHEMATICIANS:

We will be learning about multiplication and division, recalling our 2, 5 and 10x tables facts. We will also be learning about statistics, using tallies, block graphs and pictograms.

AS SCIENTISTS:

We will be learning about the main food groups, benefits of exercise and how these help our bodies and minds stay healthy.

AS CITIZENS:

We will be thinking about dreams and goals. We will also be learning about fair trade in our project work.

AS SPORT STARS:

We will be learning to follow dance routines and begin to create dance routines of our own, using a range of steps and levels. We will also be learning ball skills, such as throwing, catching and striking.

YEAR 2 Spring Term 1

WEEKLY HOME LEARNING:

- Reading— Books will be changed on a Monday (further texts available on Bug Club)
- Spellings set on Spelling Shed (at least 5 rounds)
- 30 minutes of TT Rock-stars
- 30 minutes of Lexia

HOME LEARNING PROJECT:

Create a healthy recipe card. Make a poster or leaflet about healthy living.

Design an exercise routine. Create a 3D model of a healthy plate of food. Or choose your own way of showing your learning!

Deadline:

Friday 28th January

KEY VOCABULARY:

food group	balance
diet	recipe
exercise	hygiene
healthy	protein
vitamins	calcium
germs	disease
menu	
carbohydrate	