



January 2019

Dear Parent/Carer

Our Inclusion Team are happy to offer support to our families. Below is a detailed list of support that we currently can offer. Please do not hesitate to contact our team to get the necessary support which we are keen to help you with.

We are now a local issuer of food vouchers for families in need of extra support during difficult times of hardship which can be redeemed at local Food Banks. Our nearest Food Bank is:
Lansdowne Church, Woodbury Avenue Bournemouth BH8 0HH



We are able to arrange for food parcels to be delivered to either your home or school through Hope for Food on a weekly or fortnightly basis. This can be used during difficult times of hardship.



Townsend Community Fridge – This is service is a simple solution to wasting less food through the sharing of good quality food which is provided by FareShare. Everyone is welcome on the following days and times:

Monday 9-11am, Tuesday 9-10am & Wednesday 9-10am



FareShare - We have a small supply of food provided by Tesco's through Fare Share that we have available on Tuesday. This food is available for parents outside the main building at the end of the school day which is available on first come first serve basis.



Citizen Advice – this service is available at The Community Centre on a Monday between 9.30am-12pm each week. Please call into the Community Centre for further information regarding appointments. An adviser is available to discuss work, debt,



Consumer Rights, Law & Courts, Family Matters, Housing and Benefits.

Drop-In Service with our school nurse Jo Cockerill-Wright

The next date for our Drop-In is **14th March at 2pm**. Appointments can be made through

Our Inclusion Team or you can just turn up on the day. If you are unable to attend on this date please speak to our Inclusion Team who can get Jo to call you

quickly to offer you and your family support.

School nurses can provide:

- health screening and assessments
- healthy eating advice and weight management
- immunisations
- parenting advice
- emotional support
- bed-wetting clinics
- signposting for specialist services, including CAMHS, audiology, speech and language therapy, and sexual health services
- hearing tests

Tea and Talk is starting on Friday mornings 9-10am with Mrs Wood and Miss McGeever in our Nurture Room. Please speak to our Inclusion Team if you are interested in coming along. It is aimed at parents/carers that may need support and a listening ear.

