



1st May 2024

Dear Parents and Carers,

RE: Relationships, Sex and Health Education

From September 2020, Relationships and Health Education were made compulsory in all primary schools in England.

During the Summer term, we teach RSHE (Relationships, Sex and Health Education) as part of our PSHE (Personal, Social, Health Education) curriculum. We follow the 'Jigsaw' framework which is a unique, spiral, progressive and effective scheme of work, aiming to prepare children/young people for life, helping them really know and value who they are and understand how they relate to other people in this ever-changing world.

Within the Key Stage 2 (Year 3 to Year 6) scheme of work, some particular lessons aim to give children information about relationships, puberty and human reproduction, appropriate to their ages and stages of development. This work is treated in a matter of fact and sensitive manner and helps children to cope with change and to learn about healthy relationships.

We will be holding a drop-in session for parents and carers who would like to find out more about these lessons or to ask any questions on **Monday 13th May** between **2:30pm and 3pm in the Studio** (please enter via the front office). Parents and carers do have the right to withdraw their children from the non-statutory components of sex education. We do ask that prior to opting your child out of these lessons, parents/carers discuss their concerns with the PSHE lead (Mrs Lincoln) or a member of SLT first. If you are unable to attend the drop-in session, please speak to a member of SLT and they will be happy to speak with you.

If you have attended the drop-in and/or discussed your concerns with a member of SLT and you would like to withdraw your child from these lessons, opt out forms are available from the office from Monday 13th May. These forms need to be completed and returned to the school office by **9am on Monday 3rd June.**

Yours sincerely,

Mrs Lincoln - PSHE Subject Lead